



How I do it – 18. Edition

**Educational workshop
Luzern, September 27, 2025**

**Forum Junge Chirurgie &
Forum of young pediatric surgeons Switzerland**

Description

The motto of the event is "How I do it" and will consist of presentations of 30 minutes each (incl. discussion) on common surgical procedures. The aim is not to provide information on clinical pictures in the classical sense with diagnostics, indications, etc. rather a step-by-step description of how a particular procedure should be done and, of course, what to avoid ("pitfalls"). Simply said - the craft of surgery. Participants on this day will be given a hand-out for each presentation on which the speakers have retained their step-by-step instructions. Lunch, aperitif and drinks included.

Accreditation



swiss
orthopaedics



Hands-on-simulations and prizes

Once again this year, our sponsors Medtronic and Swiss MIS will be giving away great prizes for the winners of the games. So let's get to the hands-on simulations – put your surgical skills to the test and beat the competition.



Join in - It is worth it

Program

08.00	Registration and coffee
08.45	Welcome by the FJC Team-members / Input-speech FJC

Principles of basic surgery

Chair: Dr. med. Rebecca Kraus (Kantonsspital Graubünden)

Dr. med. Valentin Neuhaus (Unispital Zürich)

Lecture hall: Building 31 (Spitalzentrum, main lecture hall)

09.00 – 09.30	Proctology in the emergency department	<i>PD Dr. med. Daniel Dindo (Hirslanden Group)</i>
09.30 – 10.00	Trauma-CT-Scan	<i>Prof. Sabine Schmidt Kobbe (Centre hospitalier universitaire vaudois)</i>
10.00 – 10.25	Input-speech SGC/SCS	<i>Dr. med. Rebecca Kraus (Kantonsspital Graubünden)</i>
10.25 – 10.30	Input-speech WiSS	<i>Member of WiSS</i>
10.30 – 11.00	<i>Coffee break</i>	
11.00 – 11.30	Appendectomy – in children and adults	<i>Dr. med. Heidi Misteli (Spital Uster)</i>
11.30 – 12.00	Luxation injuries – in children and adults	<i>Dr. med. Valentin Neuhaus (Unispital Zürich)</i>
12.00 – 13.30	<i>Lunch break with interactive games</i>	

Focus on visceral surgery

Chair: Dr. med. Rebecca Kraus (Kantonsspital Graubünden)

Team-Member FJC

Lecture hall : Building 31 (Spitalzentrum, main lecture hall)

13.30 – 14.00	Venous port-Systems	<i>Dr. med. Thomas Lattmann (Kantonsspital Winterthur)</i>
14.00 – 14.25	Laparoscopic rectosigmoidal resection	<i>To be announced</i>
14.25 – 14.30	Input—speech Young Senologists	<i>Dr. Kavitha Däster</i>
14.30 – 14.55	Coffee break	
14.55 – 15.00	Input-speech Swiss MIS	<i>Member of Swiss MIS</i>
15.00 – 15.30	Hiatal hernias and acid reflux surgery	<i>Dr. med. Stefan Gutknecht (Stadtspital Triemli)</i>
15.30 – 16.00	Blunt abdominal trauma	<i>Dr. med. Tobias Zingg (Centre hospitalier universitaire vaudois)</i>
from 16.00	Apéritif with award ceremony	

Focus on trauma surgery

Chair: Dr. med. Valentin Neuhaus (Unispital Zürich) / Team-Member FJC

Lecture hall: Building 31 (Spitalzentrum, U1-222/223)

13.30 – 14.00	Surgery of the spine	<i>Dr. med. Cordula Netzer (Unispital Basel)</i>
14.00 – 14.25	Proximal femoral fractures	<i>Dr. med. Christoph Meier (Kantonsspital Winterthur)</i>
14.25 – 14.30	Input-speech STS	<i>Dr. med. Christoph Meier</i>
14.30 – 15.00	Coffee break	
15.00 – 15.30	Traumatology in infectious situations	<i>To be announced</i>
15.30 – 16.00	Knee arthroscopy	<i>Dr. med. Menduri Hoessly (Kantonsspital St. Gallen)</i>
from 16.00	Apéritif with award ceremony	



Focus on pediatric surgery

Chair: to be announced / Member For Kids

Lecture hall: Building 33 (Kinderspital, Lecture hall ground floor)

The program and speakers will be announced after final confirmation.

Date	September 27, 2025
Place	Kantonsspital Luzern, Lecture halls in building 31
Costs	50 CHF – preregistration online or 70 CHF – Registration on the same day to be paid in cash upon registration
Inscription	Until 14.09.2025 via link on our homepage www.forumjungechirurgie.ch
Deregistration	Please cancel if you are unable to attend. hidi@forumjungechirurgie.ch
Registration	At site
Accreditation	8 CME Credits SGC / 4 CME Credits SGOT / 4 CME Credits SGKC
Participants	For all pediatric and general surgeons in training trainees and interested in traumatology and visceral surgery
Language	Slides in English, speaker language preferably English
Further Information	hidi@forumjungechirurgie.ch
Organisation	Forum Junge Chirurgie Forum of young pediatric surgeons Switzerland
Sponsoring	See also industrial exhibition

Baxter



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